(Insert your organization’s logo)

**HAE facts**

About hereditary angioedema (HAE)

* HAE is a rare disease affecting 1 in 10,000 to 1 in 50,000 people worldwide (1,2)
* (…add number diagnosed in your country…)
* HAE causes episodes or attacks of swelling (edema) to various parts of the body, including the hands, feet, face and airway
* HAE can be life threatening in the case of throat/airway swelling
* Swelling in the abdomen/intestinal wall can often result in excruciating abdominal pain, nausea and vomiting (1,3,4)
* On average it can take 13 years (5) for a patient to be diagnosed with HAE as the symptoms can be confused with those of many other common conditions such as allergies or appendicitis
* By the time HAE is diagnosed correctly, the patient has often seen a number of physicians, may have undergone unnecessary operations, and could have felt a major impact on their quality of life
* There are modern effective therapies which help stop the attacks once started or prevent attacks from happening, but these medications are not consistently available to all people with HAE
* You can learn more about HAE at <https://haei.org/hae>

About HAE International

* HAE International is a global non-profit umbrella organization presently servicing 93 HAE patient organizations around the world
* HAE International is dedicated to improving the lives of people with HAE
* HAE International supports HAE organizations and people with HAE around the world, raises awareness of HAE to improve time to diagnosis, and fiercely advocates for the approval and reimbursement of lifesaving therapies to everyone suffering from HAE
* You can find out more about HAE International at <https://haei.org/about-haei>

About (…add name of your organization…)

* (…add short presentation of your organization…)

About **hae day :-)**

* The global HAE awareness day **hae day :-)** takes place on 16 May each year
* **hae day :-)** unites the global HAE community with 16 May as a focus for activities to raise awareness of HAE amongst the general public, healthcare professionals, healthcare decision makers and industry representatives
* HAE International runs a global activity campaign from April to **hae day :-)**
* Through increased awareness, we can create an environment to support better care, earlier and more accurate diagnosis and knowledge that people with HAE can lead a healthy life

**hae day :-)** 2021: Celebrating 10 years of **hae day :-)**

* Our “Let’s Take the Next Step” campaign shines a light on HAE community achievements over the last 10 years as well as our hopes for the future.
* The 2021 activity challenge is to step around the world in time for **hae day :-)**
* We are asking everyone interested to take part in physical or wellbeing activities and regularly record the time they spend on each activity on the campaign website [www.haeday.org](http://www.haeday.org)
* Every activity reported will be converted into steps for a virtual walk around all HAE International regions. Here HAE International member organizations will showcase their history, achievements and hopes for the future
* All types of activity count – physical activities as well as those helping the overall wellbeing (yoga, meditation, drawing/painting, gardening, reading etc.) – and all activities will be concerted to steps
* You can take part at [www.haeday.org](http://www.haeday.org)

***References***

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